



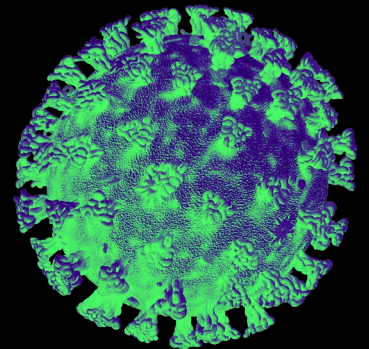
HM Government

**NHS**

# **CORONAVIRUS**

# **STAY AT HOME**

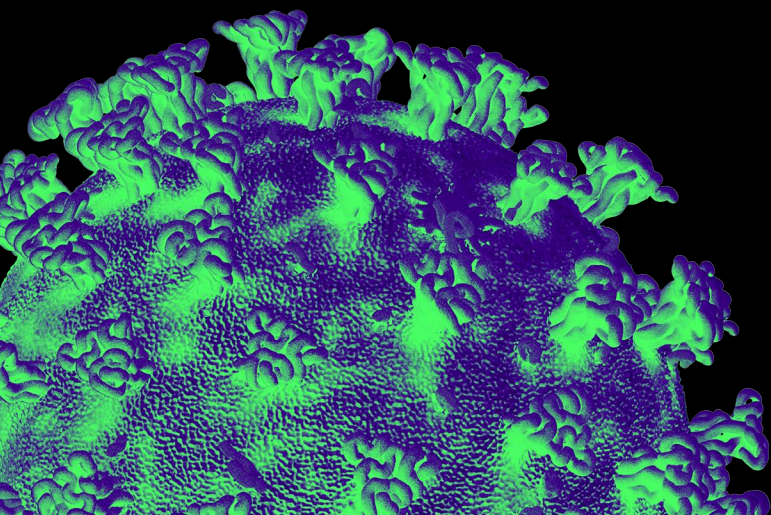
# **SAVE LIVES**



**Anyone can spread Coronavirus.**

**The only reasons to leave home are:**

- ✔ To shop for basic necessities or pick up medicine
- ✔ To travel to work when you absolutely cannot work from home
- ✔ To exercise once a day, alone or with members of your household
- ✘ Do not meet others, even friends or family



**CORONAVIRUS**

**STAY HOME  
PROTECT  
THE NHS  
SAVE LIVES**