



Walk In Service

What the service provides

Anyone can use the walk in service, there is no need to be registered with Practice Plus Brighton. For a better continuity of care, registered patients are advised to use the GP practice however they will be accommodated in emergencies.

The walk in service can provide assessment, treatment and advice for patients presenting with a variety of illnesses. There are some requests we are unable to provide treatment for and we will advise you to seek alternative care.

We CAN treat/provide help with:

- Acute asthma attacks & airway obstruction
- Superficial cuts & bruises
- Minor burns & scalds
- Bites & stings
- Minor head injuries
- Sprains & strains
- High temperature
- Headaches & dizziness
- Coughs
- Hay fever
- Ear & throat infections
- Minor eye problems; conjunctivitis, styes
- Stomach problems; indigestion, constipation, diarrhoea & vomiting
- Minor skin complaints & rashes
- Urinary infections, thrush & menstrual problems
- Emergency contraception & advice
- Stress management & counselling
- Lifestyle promotion

We CANNOT help with:

- Sick certificates
- Prescribing of over the counter medicines
- X-ray, imaging & routine referrals – these referrals need to be undertaken by your registered GP
- Routine procedures provided by your GP surgery e.g. ear syringing, dressing changes
- Antibiotics are only prescribed if clinically indicated
- Dental conditions
- Blood tests, swabs & investigations
- Pregnancy related conditions
- Repeat medication requests; benzodiazepines, controlled drugs, sleeping tablets & private prescriptions.
- If your medication request is related to a problem on the left hand side, then a short term supply (up to 3 days) can be issued

I confirm I have read the above and understand what the walk in service can and cannot provide

We aim to see you within 4 hours.

Please be aware the wait time is approximate.

Wait times can increase if an emergency arises

Your estimated wait time is: